

# Swineshead Village Hall Supports

## Village Halls Week 2019

### What's on

Tuesday 22nd January Pilates @7.25pm  
contact Julie Crawford [www.forwardfitness.co.uk](http://www.forwardfitness.co.uk)

Thursday 24th Afternoon teas from 3pm  
all welcome

Fridays'- regular yoga, from 9am and 11.05.  
Contact Sandra [www.yogawithsandra.co.uk](http://www.yogawithsandra.co.uk)

A colorful illustration of a village scene at the bottom of the page. It features rolling green hills, several houses with brown roofs and windows, a church with a grey steeple, a wooden bench, a black lamppost, a red postbox, and a few white sheep. The scene is set against a light blue sky.

**#VillageHallsWeek**